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TURKISH GUIDELINE FOR DIAGNOSIS AND TREATMENT OF ALLERGIC RHINITIS



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Abbreviations

AH: Adenoid hypertrophy	MMP: Matrix metalloproteinase
AMP: Antimicrobial peptide	MRI: Magnetic resonance imaging
APC: Antigen presenting cell	NAR: Non-allergic rhinitis
AR: Allergic rhinitis	NARES: Non-allergic rhinitis with eosinophilic syndrome
ARIA: Allergic Rhinitis and its Impact on Asthma	NCS: Nasal corticosteroids
ARS: Acute rhinosinusitis	NK: Natural killer
BAT: Basophil activation test	NP: Nasal polyps
CBDT: Component-based diagnostic testing	OME: Otitis media with effusion
CGRP: Calcitonin gene-related peptide	OMIT: Oral mucosal immunotherapy
CNS: Central nervous system	PG: Prostaglandin
COX: Cyclooxygenase	RANTES: Regulated on Activation Normal T Cell Expressed and Secreted
CRS: Chronic rhinosinusitis	RCAT: Rhinitis Control Assessment Test
CSF: Cerebrospinal fluid	RS: Rhinosinusitis
CT: Computerized tomography	SCF: Stem cell factor
CysLT: Cysteinyl leukotrien	SCIT: Subcutaneous immunotherapy
DC: Dendritic cell	SF-12: Short Form-12
ECP: Eosinophilic cationic protein	SF-20: Short Form-20
ELISA: Enzyme linked immunosorbent assay	SF-36: Short-Form 36
GER: Gastroesophageal reflux	SIT: Allergen-specific immunotherapy
GM-CSF: Granulocyte-macrophage colony-stimulating factor	SLIT: Sublingual immunotherapy
GRP: Gastrin releasing peptide	SNOT-22: Sinonasal Outcome Test 22
HEPA: High efficiency particulate arresting	SPT: Skin prick testing
HLA-DR: Human Leukocyte Antigen – DR isotype	TARC: Thymus and activation regulated chemokine
IDT: Intradermal testing	TGF: Transforming growth factor
IgE: Immunoglobulin E	Th: T helper
IL: Interleukin	TLR: Toll-like receptor
ILC: Innate lymphoid cells	TLR9: Toll-like receptor 9
ILC2: Group 2 innate lymphoid cell	TNF: Tumor necrosis factor
LAR: Local allergic rhinitis	Treg: T regulatory
LO: Lipoxygenase	TRPV1: Transient receptor potential vanilloid 1
LPR: Laryngopharyngeal reflux	TSLP: Epithelial cell-thymic stromal lymphoprotein
LT: Leukotrien	VAS: Visual analog scale
LX: Lipoxin	VCAM: Vascular cell adhesion molecule
MCP: Monocyte chemoattractant protein	